

STRESS RISK ASSESSMENT TABLE										
HSE Stressor	Identified Hazard / Stressor	Who May Be Harmed	Existing Controls	Likelihood (L)	Severity (S)	Risk Rating (LxS)	Further Controls Required	Responsible Person	Target Date	Review Date
Demands	Workload, deadlines, fatigue, long hours	Employees / Managers	Project planning, supervision, breaks							
Control	Lack of control over work methods or pace	Employees	Toolbox talks, task briefings							
Support	Insufficient management or peer support	All staff	Line management, H&S support							
Relationships	Conflict, bullying, poor behaviour	Employees	Behavioural policy, supervision							
Role	Unclear responsibilities or expectations	Employees	Job descriptions, inductions							
Change	Poorly managed organisational or site change	Employees	Management briefings							