

# BRADFORD WATTS

## Work-Related Stress Risk Assessment – Assessment Table (HSE Management Standards | Thriving at Work – Enhanced Standards)

Use: Stand-alone assessment sheet (organisational, project or individual)

Assessment Type:	<input type="checkbox"/> Organisational	<input type="checkbox"/> Project	<input type="checkbox"/> Individual
Project / Location:			
Employee / Team:			
Assessor:			
Date:			
Review Date:			

Construction-Specific Stressors (Tick if Applicable):

- Tight programmes / client pressure
- Long working hours / overtime
- Weather and site conditions
- Lone working
- Complaints or enforcement action
- Travel / remote sites
- Job insecurity

Action & Review Summary				
Action Required	Responsible Person	Timescale	Completed (Y/N)	Comments

Assessor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Manager Approval: \_\_\_\_\_

Date: \_\_\_\_\_